

Exploration of Antarctica, Malvinas and South Georgia



Day 1

Arrive in Buenos Aires

Unescorted overnight in Buenos Aires. Guests can explore the capital of Argentina with its colorful neighborhoods and beautiful parks.

Included:

One-night bed and breakfast at a centrally located three-star hotel

Day 2

Fly to Ushuaia and embark the ship

Transfer from the hotel to the airport for an early morning flight to Ushuaia, the southernmost city in the world and where [MS Fram](#) awaits. Once aboard the ship, guests join a mandatory safety drill before the Captain's introduction and welcome dinner.

In the evening, we sail through the Beagle Channel into the South Atlantic Ocean. Guests will be able to admire the stunning scenery as we sail past a maze of Chile's islands, mountains, and fjords.

Included transfers and flight:

Transfer from hotel to Buenos Aires airport

Flight in coach class from Buenos Aires to Ushuaia

Transfer from Ushuaia airport to the ship

Day 3

At sea

While at sea, guests may be able to sight whales, dolphins, and sea birds such as albatrosses and petrels. Join lectures about the upcoming destination in the [Science Center](#) or spend time enjoying the ship's hot tubs, sauna and gym.

Day 4-5

Malvinas Islands

The ship will try to call at New Island, to the west of the Malvinas archipelago and characterized by beautiful white sand beaches. It is a habitat for Gentoo, Magellanic, and Rockhopper penguins, the black-browed albatross, and peregrine falcons. We may also visit Carcass Island. Its steep cliffs and pretty coves attract rich bird life such as various species of songbirds, ducks, geese, caracaras, and wrens.

Included:

- Puerto Argentino self-guided walk (1-2 hrs)
- Daily landings with short hikes to scenic or wildlife spots
- Small boat cruises near the ship and landing site
- Lectures on a wide range of scientific topics

Day 6-7

At sea

While at sea, guests may be able to sight whales, dolphins, and sea birds such as albatrosses and petrels. Join lectures about the upcoming destination in the Science Center or spend time enjoying the ship's hot tubs, sauna, and gym.

Day 8-10

South Georgia Islands

South Georgia's unique position inside the Antarctic ecosystem yet outside the sea ice makes it a haven for thousands of species. The density and variety of wildlife on display to photograph have earned South Georgia the nickname 'Serengeti of the Southern Ocean'. Guests can expect to see elephant seals, fur seals, albatross, and king penguins in their thousands.

On each day here, we have a choice of ten possible sites to visit, including Fortuna Bay, Gold Harbour, abandoned whaling stations, and the Whaler's Church and cemetery in Grytviken where guests can pay their respects to the great Antarctic explorer Sir Ernest Shackleton.

Included:

- Daily landings with short hikes to scenic or wildlife spots**
- Small boat cruises near the ship and landing site**
- Lectures on a wide range of scientific topics**

Additional optional activities may include:

- **Kayaking in small groups with a guide**
- **Longer small boat cruises to explore hard-to-reach areas**
- **Guided longer hikes to scenic viewpoints or wildlife habitats**

Day 11

At sea

As we continue toward the great White Continent, learn more about the history, environment, and wildlife of Antarctica through lectures and research in the onboard Science Center. We will sail through the Washington Strait near Coronation Island before setting course towards Elephant Island and the Antarctic Peninsula.

Day 12-20

Antarctica

As guests are limited to just 200 people on MS Fram, we have a much wider choice of [45 possible sites](#) on the South Shetland Islands and Antarctic Peninsula to go cruising in small boats and to make landings. Each site offers opportunities to observe penguin colonies, seals, whales, glaciers, and icebergs up close.

If ice conditions and weather permit, we will also attempt to sail south past the Antarctic Circle, at the Captain's discretion.

All aboard are invited to participate in lectures on glaciology, climate change, and marine biology. Guests can also engage in Citizen Science programs like photographing leopard seals and spotting whale tails that contribute directly to scientific research.

Included:

- Daily landings with short hikes to scenic or wildlife spots
- Small boat cruises near the ship and landing site
- Lectures on a wide range of scientific topics

Additional optional activities may include:

- Kayaking near icebergs, and possibly seals and penguins
- Longer small boat cruises to explore hard-to-reach areas
- Guided longer hikes to scenic viewpoints
- Camping ashore possibly with penguins
- Snowshoeing through pristine snow fields
- In-depth photography lessons

Day 21-22

Sail the Drake Passage to Ushuaia

The Drake Passage connects the Atlantic, Pacific, and Southern Oceans and is the shortest crossing to and from Antarctica. It is also nicknamed the 'Drake Shake' when the seas are stormy or the 'Drake Lake' when the waters are still.

While at sea, and provided conditions are calm, guests may be able to sight whales, dolphins, and sea birds such as albatrosses and petrels. Guests will have time to learn more in the Science Center, attend lectures, enjoy the ship's hot tubs, sauna and gym, or just relax while bird and whale watching out on deck.

Day 23

Arrive in Ushuaia, disembark the ship, and fly back to Buenos Aires

It's time to return to Buenos Aires via Ushuaia. Guests can extend their trip with a choice of excursions or a post-voyage program.

Included transfers and flight:

- **Transfer from the ship to Ushuaia airport**
- **Flight in coach class from Ushuaia to Buenos Aires**